

# Evaluation of



# Strong Fathers Program

Joan Pennell, MSW PhD  
Director & **Professor**

R.V. Rikard, M.A.S.S.  
Research **Manager**

Tia Sanders, B.A.  
Research **Assistant**

Center For **Family & Community Engagement**

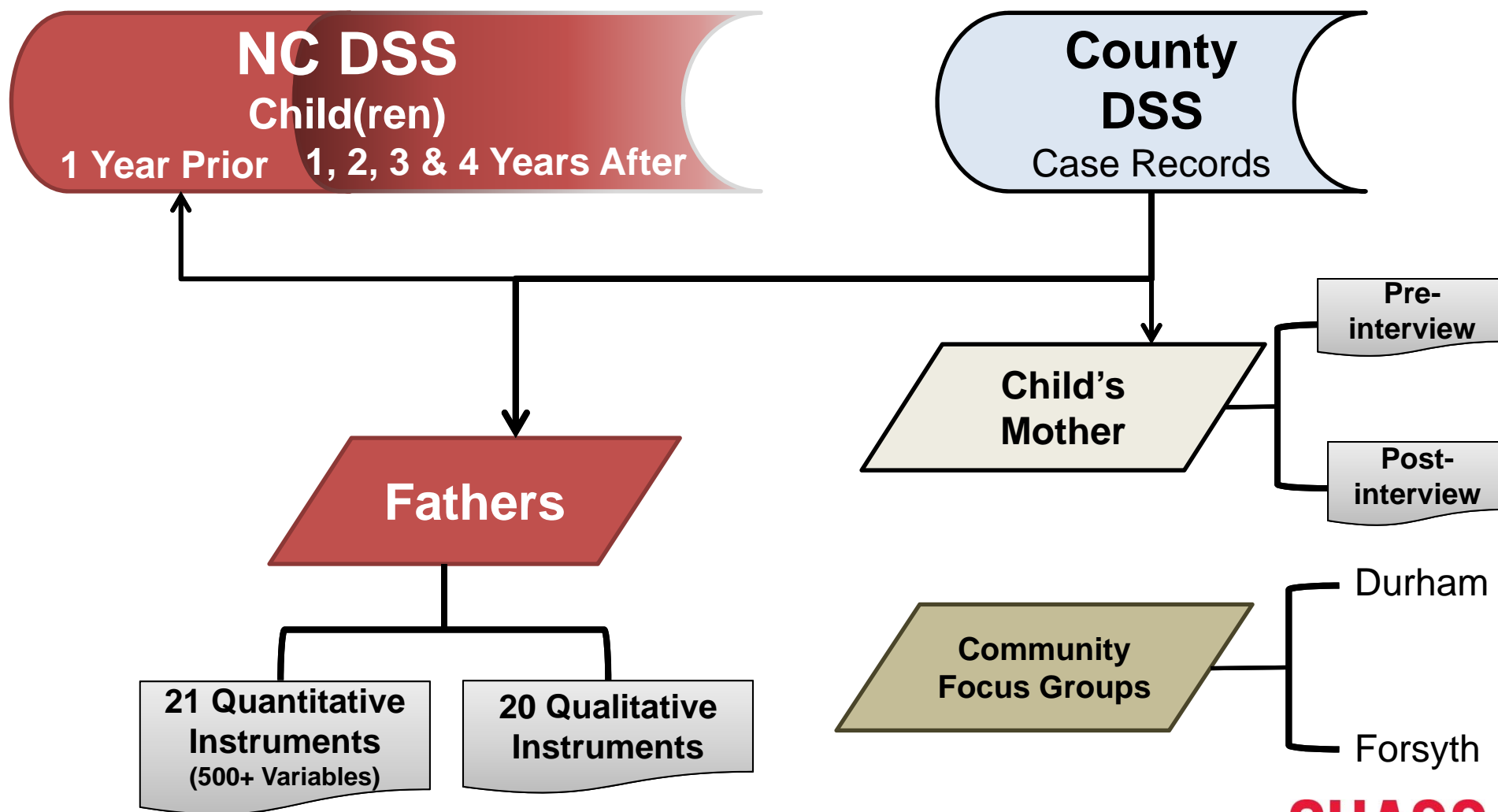
November 4, 2011

<http://www.cfface.org/fathering.php>

# Four Service Provider **Outcomes**

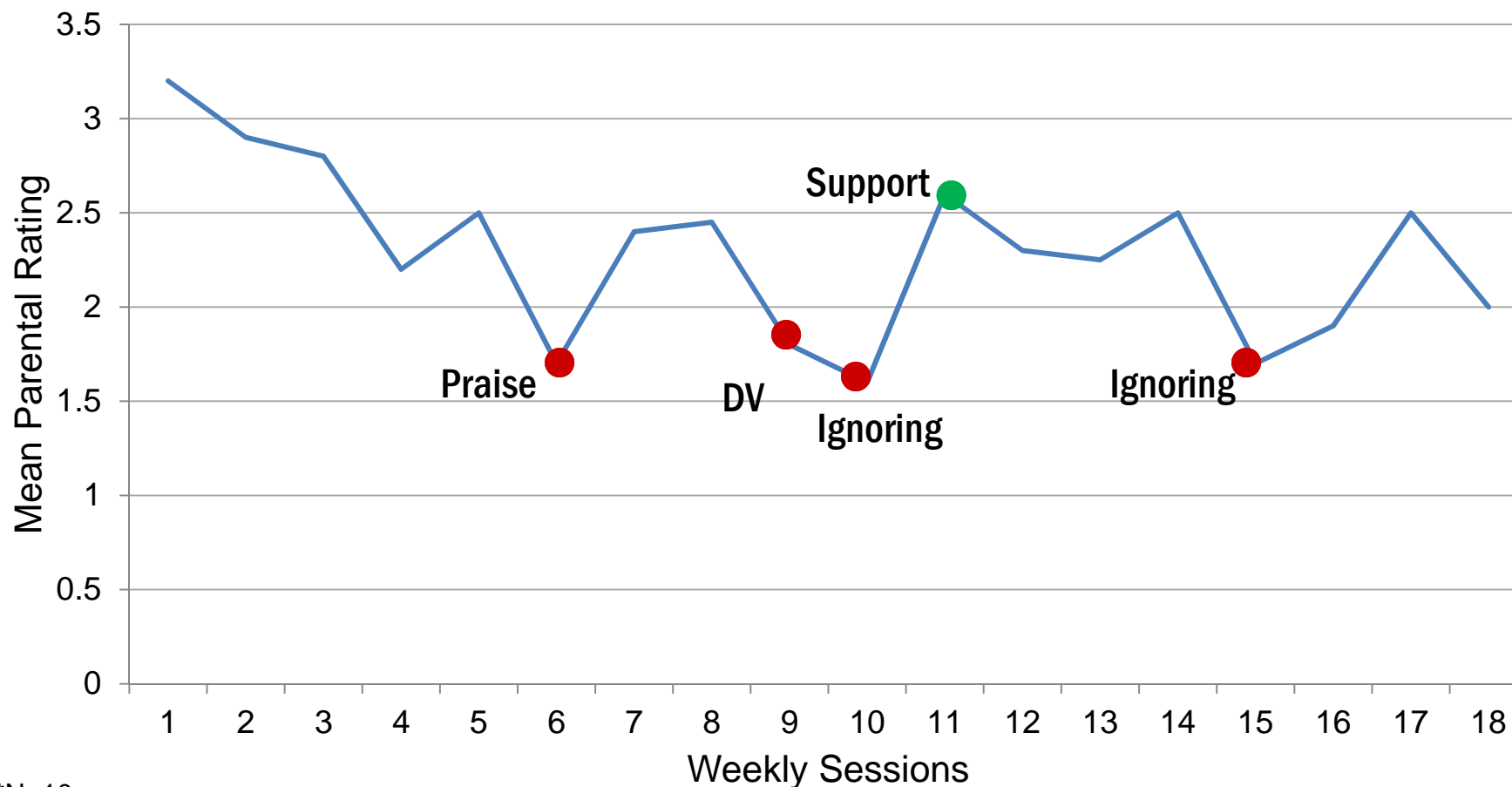
1. Increased knowledge and demonstrated competence in **parenting skills**
2. Increased knowledge regarding the deleterious effects of **domestic violence on children**, including the identification of negative consequences of violence
3. Increased **empathy toward child(ren)**
4. Reduction in controlling, coercive, and/or **abusive behaviors** towards the current or former **intimate partner** (child's parent)

# Connection of Multiple **Data Sources**



# Quantitative Findings

**Figure 1: Fathers' Mean Parental Rating for Year 3  
Groups 1 & 4\***



\*N=10

# Experiences of Father 1

## Sessions

**2**

This week, my biggest struggle as a father was: “disciplining my boys.”

**8**

Domestic violence is harmful to my children because: “It sends the wrong message. It shows the wrong way to handle things.”

**9**

Impact of domestic violence on my children: “Negative impact, sets a bad example.”

**17**

Three things I know now about domestic violence that I did not realize or accept before: “Emotional abuse is domestic violence, using economic abuse is domestic violence, using isolation is domestic violence.”

# Experience of Father 2

This week, the one thing I felt best about as a father was:

## Sessions

**6**

“Spending time with my son.”

**9**

“Being able to talk and have a conversation with my spouse, without raising my voice”

**14**

“Teaching my son about being responsible about his own action[s] and blaming others. He (the son) understood me as well and said ‘ok dad, I understand.’”

# Experience of Father 3

## Session

9

This week, my biggest struggle as a father was: "The kid's mom."

11

This week, the one thing I felt best about as a father was: "Keeping my cool when she (kid's mom) brought the kids an hour and 45 minutes late."

20

Three ways I worked toward my goals this week were: "Took time to listen, open to all ideas and put kids first."

# Qualitative Findings

## Mother:

*During the program there were some things brought out that affected him in a good way...Evaluating himself and seeing where he could be better.*